



BRISTOL NORTH JUNIOR OPEN MEET

(Held under ASA Laws and ASA Technical Rules)

Saturdays 17 & 24 September 2011

At

**Hutton Moor Leisure Centre
Weston-s-Mare**

PROGRAMME

Saturday 17 September		
Session 1 warm up tbc		
1/2	11 years	100m Freestyle
3/4	9 "	50m Butterfly
5/6	9 "	25m Butterfly
7/8	11 "	4 x 50m Medley team
9/10	9 "	4 x 25m Freestyle team
11/12	11 "	100m Breaststroke
13/14	9 "	50m Backstroke
Session 2 warm up tbc		
15/16	10 years	50m Freestyle
17/18	12 "	100m Butterfly
19/20	10 "	4 x 50m Medley team
21/22	12 "	4 x 50m Freestyle team
23/24	10 "	50m Breaststroke
25/26	12 "	100m Backstroke

Saturday 24 September		
Session 3 warm up tbc		
27/28	9 years	50m Freestyle
29/30	11 "	100m Butterfly
31/32	9 "	4 x 25m Medley team
33/34	11 "	4 x 50m Freestyle team
35/36	9 "	50m Breaststroke
37/38	11 "	100m Backstroke
Session 4 warm up tbc		
39/40	12 years	100m Freestyle
41/42	10 "	50m Butterfly
43/44	12 "	4 x 50m Medley team
45/46	10 "	4 x 50m Freestyle team
47/48	12 "	100m Breaststroke
49/50	10 "	50m Backstroke

Ages as at 31 August 2011.